

Northern Lights Triathlon Club

Code of Conduct Policy

The Northern Lights Triathlon Club (NLTC) is committed to providing opportunities for its members to develop skills, knowledge and the values necessary to become a capable, involved person in the triathlon community.

Members of the NLTC and participants in all NLTC's programs including activities and club trips are expected to conduct themselves at all times in a manner consistent with the values of NLTC. Conduct that violates these values may/will result in the member having their membership revoked.

All NLTC members have a responsibility to:

1. Maintain and enhance the dignity and self-esteem of members and participants of NLTC by:
 - a. Demonstrating respect to individuals regardless of gender, ethnic or racial origin, sexual orientation, age, marital status, religion, political belief, disability, and/or economic status;
 - b. Focusing comments of criticism appropriately and avoiding public criticism of athletes, coaches, officials, organizers, and volunteers;
 - c. Consistently demonstrating the spirit of sportsmanship, sports leadership and ethical conduct; and,
 - d. Ensuring that the rules of the sport of triathlon and the spirit of such rules are adhered to.
2. Refrain from any behavior that constitutes harassment or bullying.
Defined as comment or conduct, directed towards an individual or group, which is offensive, abusive, racist, and sexist, or in any way degrading or malicious.
3. Refrain from any behavior that constitutes sexual harassment.
Defined as unwelcome sexual advances or conduct of a sexual nature when submitting to or rejecting this conduct influences decisions which affect the individual, such conduct has the purpose or effect of diminishing performance or such conduct creates and intimidating, hostile or offensive environment.
4. When participating in club workouts, each member must follow the set club practice as outlined by the practice coach.
5. Parents of minor athletes are responsible to inform the coaches of any life issues and/or decisions that their child is making that will effect their training development.

In addition to the above, Coaches and executive members of NLTC have a responsibility to:

6. Ensure a safe environment by selecting activities and establishing controls that are suitable for the age, experience, ability and fitness level of athletes;
7. Educate athletes about the dangers of drugs and performance-enhancing substances;
8. Communicate and cooperate with the parents/guardians of athletes who are minors and involve them in decisions pertaining to their child's development.
9. Use a holistic coaching approach to help all athletes achieve their goals.